

## Curriculum Vitae



### Personal information

First name(s) / Surname(s) **Dr. med. Szilvia Boros, PhD, MSc**

### Employment / Occupational field

#### Research and Education

#### Work experience

<b>Dates</b>	01.05.2024 →
Occupation or position held	Associate Professor
Main activities and responsibilities	Research, Teaching, Administration
Name and address of employer	Faculty of Health and Sport Sciences, Department of Health and Nursing Sciences Széchenyi István University 9026 Győr Egyetem square. 1 Hungary
<b>Dates</b>	2016 → 2025
Occupation or position held	Associate Professor/ Director
Main activities and responsibilities	Research, Teaching, Administration
Name and address of employer	Institute for Health Promotion and Sport Sciences Eötvös Loránd University 1117 Budapest Bogdánfy u. 10 Hungary
Type of business or sector	Higher Education
<b>Dates</b>	05/2024
Occupation or position held	Physician/ Researcher
Main activities and responsibilities	Research coordination/ Lab. development
Name and address of employer	St. Andrew Hospital for Rheumatology and Medicinal Spa of Hévíz  Shulhoff Vilmos Promenade 1. 8380 Hévíz
Type of business or sector	Medicine, Health tourism

<b>Dates</b>	2002 – 2018
Occupation or position held	Physician
Main activities and responsibilities	Nutritional counseling/ Sports Medicine
Name and address of employer	Danubius Heath Spa Resort Margitsziget Margit Island 1037 Budapest
Type of business or sector	Health Tourism
<b>Dates</b>	2009 – 02/2016
Occupation or position held	Senior Lecturer (Assistant Professor)/ Associate Professor
Main activities and responsibilities	Research, Teaching, Administration
Name and address of employer	Department of Tourism, Region and Social Development Szolnok University College Tiszaiget Promenade 1. Szolnok 5000
Type of business or sector	Higher Education
<b>Dates</b>	1997 - 2000
Occupation or position held	Research Assistant/Sports Physician
Main activities and responsibilities	Performance evaluation, nutritional counseling, research, and teaching
Name and address of employer	Scientific Research Department, Institute for Sports Medicine Alkotás str. 48 1024 Budapest
Type of business or sector	Sports medicine/ Higher Education/ Research

## Education and training

<b>Dates</b>	2019
<b>Title of qualification awarded</b>	<b>Certified Nutritionist</b>
Principal subjects / occupational skills covered	Nutrition
Name and type of organization providing education and training	Semmelweis University of Medicine Nutritionist MSc. Faculty of Health Sciences Vas str.17 1051 Budapest Hungary
Level in national or international classification	Master of Science
<b>Dates</b>	2018 November
<b>Title of qualification awarded</b>	<b>dr. habil. (Habilitated Doctor)</b>
Principal subjects / occupational skills covered	Education
Name and type of organisation providing education and training	Faculty of Education and Psychology, Eötvös Loránd University 23-27. Kazinczy Str., 1075 Budapest, Hungary
Level	Postgraduate

**Dates** 2012  
**Title of qualification awarded** **Specialization in Dive Medicine**  
Principal subjects / occupational skills covered Dive Medicine  
Name and type of organisation providing education and training University of Szeged  
Szeged  
Hungary  
Level Postgraduate

**Dates** 2004  
**Title of qualification awarded** **Specialization in Sports Medicine**  
Principal subjects / occupational skills covered **Sports Medicine**  
Name and type of organisation providing education and training Postgraduate Training Center  
Szemmelweis University Medical  
Budapest, Hungary  
Level Postgraduate

**Dates** 2010  
**Title of qualification awarded** **Philosophiae Doctor - PhD**  
Principal subjects / occupational skills covered Sports Sciences  
Name and type of organisation providing education and training Semmelweis University  
Budapest Hungary  
Level Postgraduate

**Dates** 2001  
**Title of qualification awarded** **Journalist**  
Principal subjects / occupational skills covered Journalism  
Name and type of organisation providing education and training MÚOSZ, Bálint György Academy of Journalism  
Budapest, Hungary  
Level Postgraduate

**Dates** 1996.  
**Title of qualification awarded** **Doctor of Medicine**  
Principal subjects / occupational skills covered General Medicine  
Name and type of organisation providing education and training Szent-Györgyi Albert University of Medicine  
Szeged, Hungary  
Level Graduation of Medicine

**Personal skills and competences**

Other language(s) **Hungarian (mother tongue)**

Self-assessment

Understanding	Speaking	Writing
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<i>European level (*)</i>	Listening		Reading		Spoken interaction		Spoken production			
<b>English</b>	C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user
<b>Arabic</b>	A1	Basic user	A1	Basic user	A1	Basic user	A1	Basic user	A1	Basic user

(\*) [Common European Framework of Reference \(CEF\) level](#)

Social skills and competences	teaching, mentoring, lifestyle consulting
Organisational skills and competences	Group and team leadership, seminar, workshop, conference organization
Technical skills and competences	planning, overviewing, reviewing
Computer skills and competences	Computer literate, in MS Office, Nutricomp, and Others.
Artistic skills and competences	Creativity
Driving licence	B

Scholastic credentials at:

MTMT identifier: 10036091

ORCID: 0000-0001-7212-3067

Google Scholar ID: rC6kwuoAAAAJ

Researcher ID: I-7381-2017

Scopus ID: 56924941500